

Module specification

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Module Code	SIR404
Module Title	Sports Injury and Musculoskeletal Assessment
Level	4
Credit value	20
Faculty	Faculty of Social and Life Sciences
HECoS Code	100475
Cost Code	C630

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Sports Injury Rehabilitation	Core

Pre-requisites

None

Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	36 hrs
Placement / work based learning	0 hrs
Guided independent study	164 hrs
Module duration (total hours)	200hrs

For office use only	
Initial approval date	14/02/2019
With effect from date	23/09/2019

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Date and details of revision	05/05/2020 – updated derogation 28/09/2021 – subjective assessment removed - LO's and syllabus outline amended. September 2022 – LO added and assessment strategy updated to reflect this 07/12/2022 – updated LO's and assessment description
Version number	5

Module aims

An introduction to the subjective assessment and the selection and application of appropriate objective tests with a focus on movement analysis, physiological response to healing, and record keeping according to BASRaT.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Demonstrate a safe thorough clinical patient assessment
2	Demonstrate an appropriate objective assessment including discussion of relevant functional anatomy.
3	Describe the physiological processes in response to musculoskeletal injury
4	Identify and describe key BASRaT policies pertaining to professional practice and Code of Ethics and Role Delineation.
5	Demonstrate a safe subjective assessment including questions pertaining to presenting condition, specific joint questions, past medical history, red flags, drug history, patient expectations/beliefs/concerns

Assessment

Assessment 1: To assess student's depth of knowledge and application of objective assessment skills, students will be assessed by a practical examination.

Assessment 2: Oral assessment in which students demonstrate a safe subjective assessment, applying their communication skills in an effective manner.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-4	Practical	60%
2	5	Oral Assessment	40%

Derogations

All elements of assessment must be passed at 40% or above. Clinical Practice Examinations are set to establish student safety in their clinical skills and safeguard the public. Therefore, all clinical practice examinations will be conducted with 'public safety' as the priority; students demonstrating unsafe practice or breaching confidentiality will be stopped immediately. The examiner will stop the student and inform them the clinical examination will not continue and the student will be marked as 'not pass' or referral, following the University Academic Regulations.

Learning and Teaching Strategies

A variety of learning and teaching strategies will be used including; practical, interactive and didactic lectures, discussion and debate. Moodle™ will be used to enable students to offer support to each other. Students will have access to email and group tutorial support. Physical contact/appropriate touch will be expected within professional boundaries. Dignity and privacy will be maintained in line with sports rehabilitation practice. Religious or personal considerations should be discussed with the Programme Team.

Indicative Syllabus Outline

- Subjective assessment
- Ankle/Foot assessment
- Knee assessment
- Hip assessment
- Shoulder Girdle assessment
- Elbow assessment
- Wrist and hand assessment
- Spinal assessment
- Neurological and circulatory assessment
- Movement analysis

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Petty, N.J. and Ryder, D. (2017), *Musculoskeletal Examination and Assessment: A Handbook for Therapists*. 5th ed. Amsterdam: Elsevier

Other indicative reading

Brukner, P. et al. (2016), *Brukner & Kahn's Clinical Sports Medicine Vol 1 Injuries*. 5th ed. Australia: McGraw-Hill.

Comfort, P. and Abrahamson, E. (2010), *Sports Rehabilitation and Injury Management*. Chichester: Wiley-Blackwell.

Ward, K. (2016), *Routledge Handbook of Sports Therapy, Injury Assessment and Rehabilitation*. New York: Routledge

British Association of Sports Rehabilitators and Trainers (BASRaT) - Standards of Ethical Conduct and Behaviour

https://basratprod.blob.core.windows.net/docs/profdocs/basrat_standards_of_ethical_conduct_and_behaviour_2013.pdf

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication